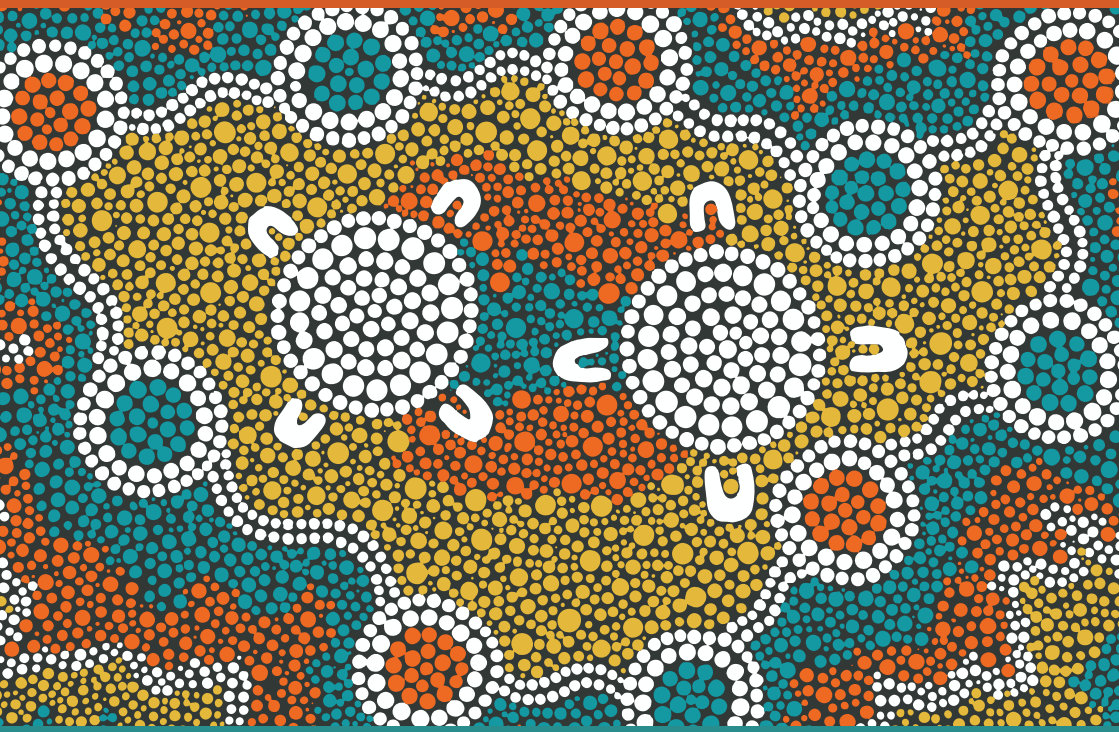
Bungree
ABORIGINAL ASSOCIATION

# SERVICES DIRECTORY



bungree.org.au

Bungree
ABORIGINAL ASSOCIATION


W bungree.org.au

P 02 4350 0100


Extensions

| | |
|---|---|
| Housing Program | 2 |
| Specialist Homelessness Services (SHS) | 3 |
| Home Care Packages (HCP) | 4 |
| My Age Care – Commonwealth Home Support Program (CHSP) | 5 |
| Disability Services – NDIS | 7 |
| Administration & Accounts | 8 |
| Transport | 124 |
| Aboriginal Family Preservation Services (AFPS) | - |
| Education Gaps Program (EGP) | - |
| Youth Frontier Program | - |


E enquiries@bungree.org.au

A 7B Pioneer Avenue
Tuggerah NSW 2259

PO Box 3070
Tuggerah NSW 2259

# CONTENTS

About Bungree Aboriginal Association
4

My Aged Care - Commonwealth Home Support Program (CHSP)
6

My Aged Care - Home Care Packages (HCP)
7

Bungree Transport Services
8

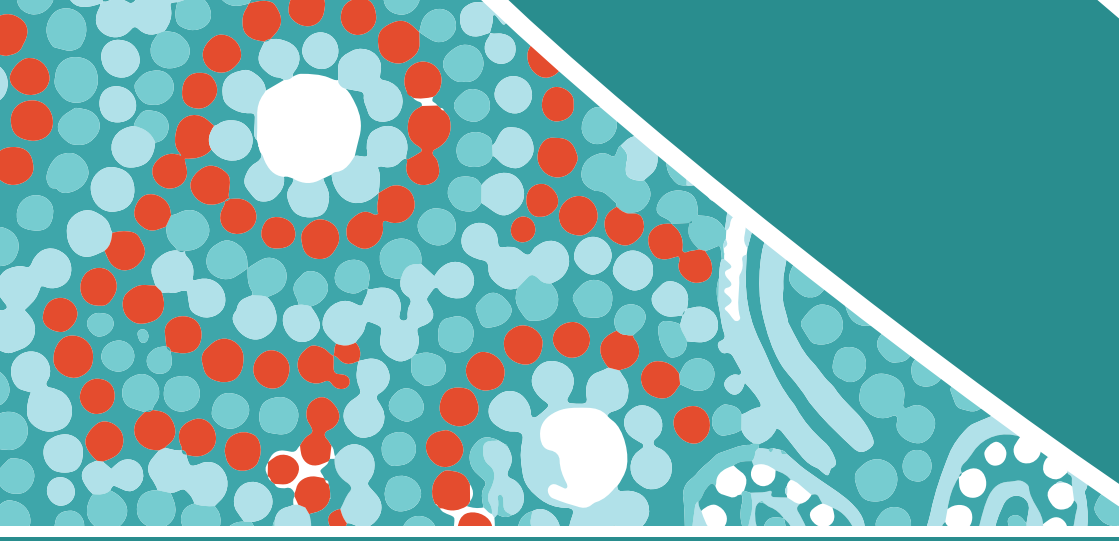
Children, Youth & Family Services (CYFS)
10

Bungree Disability Services
14

Bungree Housing & Homelessness Services
16

Population Health Services
18

Community Contacts
20



# Who are we?

## About Bungree Aboriginal Association

Bungree Aboriginal Association (Bungree) has been serving the Central Coast community since 1995.

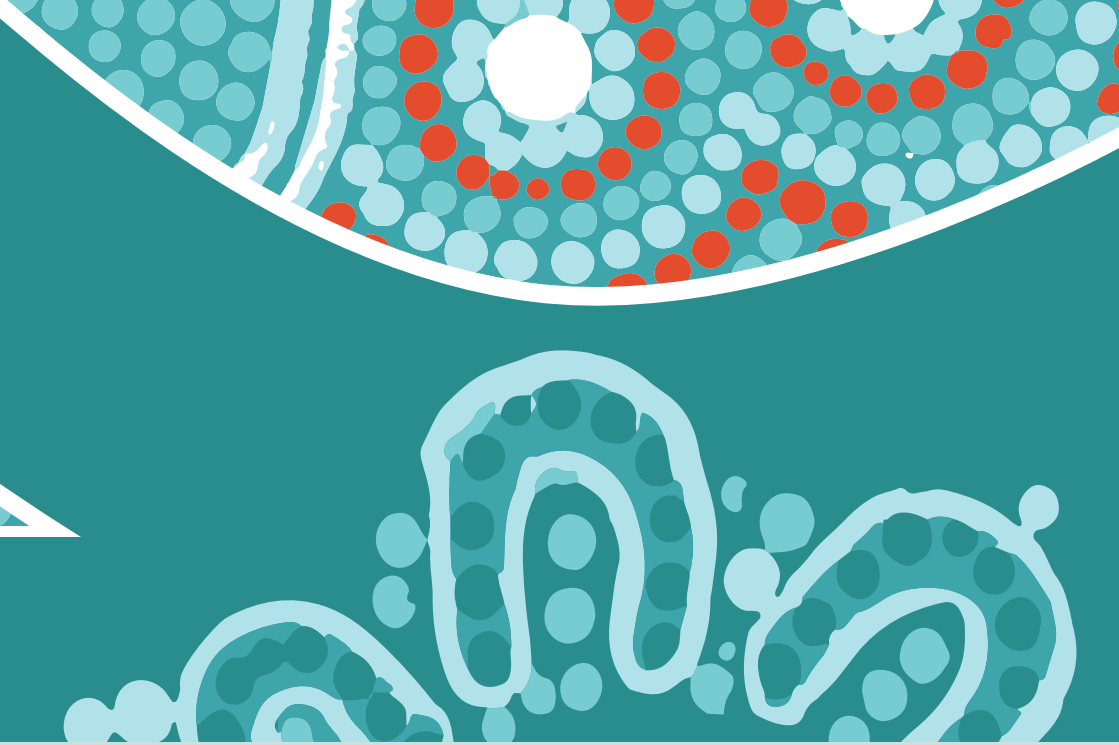
Bungree is a large, multi-service Aboriginal community organisation delivering programs, services and products through our Housing and Homelessness Services, Aboriginal Family Preservation Services, Education Gaps Program, Youth Frontier Program, My Age Care, Home Care Packages, Transport, Population Health Program, Disability Services and other case management services through the Youth Rent Choice program and the Together Home Program.

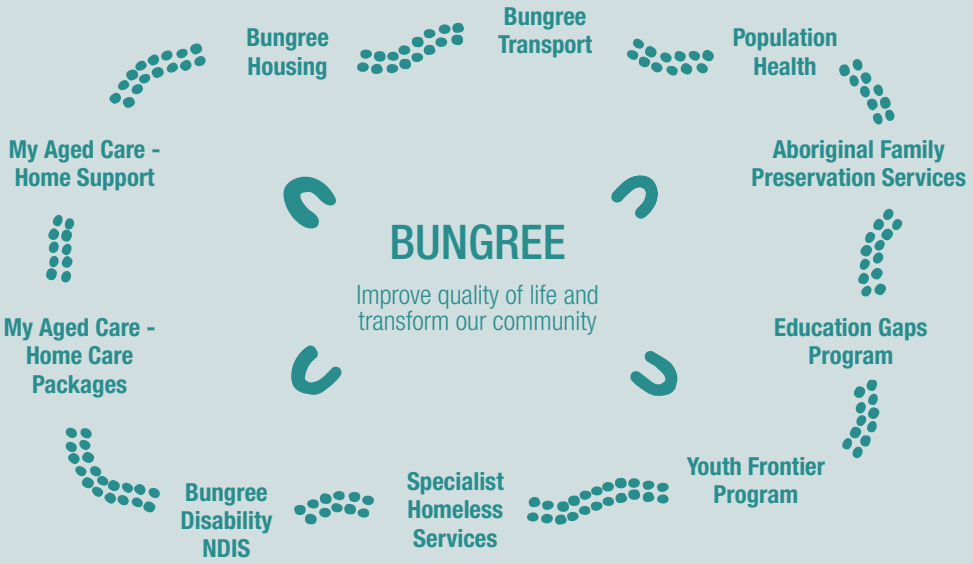
The majority of our services are delivered on the Central Coast, however some of our services extend to Lower Lake Macquarie, Newcastle and Karuah areas.

Bungree's programs, services and other products exist to improve the health and wellbeing of our people - those who are elderly and frail, people with a disability, the homeless, vulnerable, and children, youth and families.

This booklet aims to provide information about Bungree's range of services and how you may be able to access and benefit from them.

If you would like to find out more about these services, please visit bungree.org.au or contact us on (02) 43500 100 or email enquiries@bungree.org.au.




BUNGREE
Improve quality of life and transform our community
Bungree Housing
Bungree Transport
Population Health
Aboriginal Family Preservation Services
Education Gaps Program
Youth Frontier Program
Specialist Homeless Services
Bungree Disability NDIS
My Aged Care - Home Care Packages
My Aged Care - Home Support

# My Aged Care
## Commonwealth Home Support Programme (CHSP)

### Bungree offers services to eligible recipients under the Commonwealth Home Support Programme (CHSP), an initiative of My Aged Care.

The CHSP helps you to stay independent and in your home and community for longer. Services offered by Bungree under the CHSP include:

**Flexible Respite** - If you are being looked after by a family member or friend, and need a break from your usual care arrangement, there are services that can help you or your carer to take a break.

**Podiatry** - Allied health foot care support.

**Social Support** - Helping you to maintain an active social life by having someone visit you in your home, or by arranging visits and outings in the community.

**Home Maintenance and Modifications** - Supporting you to stay in your own home by making your home safer and more secure.

**Personal Care** - Helping you continue living independently including everyday tasks such as bathing and getting dressed.

**Domestic Assistance** - Including help with housework and practical tasks around the home.

**Goods and Equipment** - Helping you to maintain your independence if you have a functional limitation or if you just find it difficult to carry out day-to-day living activities.

**Transport Service** – Providing transport to engagements such as medical appointments, hospital visits, other community services and more.

**Assistance with Care and Housing** – Support and help for people who are homeless or at risk of being homeless including assessment and referrals to accommodation services and advocacy services.

**Sector Support and Development Officer** - Supporting the implementation of the CHSP, including assisting service providers and clients to move to new arrangements with a focus on consumer choice.

### How to access our Commonwealth Home Support Programme Services:

Referral to Bungree's Commonwealth Home Support Programme services is arranged through My Aged Care.

**Please contact My Aged Care for more information**

P 1800 200 422
W myagedcare.gov.au

**For assistance with your referral, please contact Bungree directly:**

P 02 4350 0100 – ext. 5
E enquiries@bungree.org.au
W bungree.org.au

## My Aged Care – Home Care Packages Programme

The Home Care Packages Programme is part of the Government's continuum of care for older Australians.

The Home Care Packages Programme is for people who have complex needs that can only be met by a coordinated package of care.

### The objectives of the Programme are:

- to assist people to remain living at home; and
- to enable consumers to have choice and flexibility in the way that the consumer's aged care and support is provided at home.

## Package levels

There are four levels of home care packages:

### Home Care Level 1:
Supports people with basic care needs.

### Home Care Level 2:
Supports people with low level care needs.

### Home Care Level 3:
Supports people with intermediate care needs.

### Home Care Level 4:
Supports people with high care needs.

## Target Population

Although there is no minimum age requirement for a Home Care Package, the Home Care Packages Programme has been developed to assist frailer older Australians to remain in their homes.

## Accessing a Home Care Package

Bungree offers our service to both Aboriginal and non Aboriginal clients. A person seeking Commonwealth funded aged care services should contact My Aged Care. If their care needs indicate they may need a Home Care Package, they will be referred for an assessment to determine if they are eligible.

An Aged Care Assessment Team (ACAT), or Aged Care Assessment Service (ACAS) will then assesses the person.

### Please contact My Aged Care for more information:

P 1800 200 422
W myagedcare.gov.au

### For assistance with your referral, please contact Bungree directly:

P 02 4350 0100 – ext. 4
E enquiries@bungree.org.au
W bungree.org.au

Bungree AGEING SERVICES

# Bungree Transport Services

## Bungree provides much needed transportation assistance to members of the Aboriginal community in the Central Coast region.

Our services are available to Elders, as well as people who have no or limited access to private or Public Transport due to their location, when they need to travel, their financial resources, or physical and cognitive capacities.

Bungree has also received a subsidy from NSW Transport to provide transport services to people with a disability.

There is a range of assessment criteria to gauge eligibility. Contact Bungree to find out if you are eligible to access these services – you won't know until you ask!

### Bungree Aboriginal Association provides transport services - for persons who are assessed as eligible - to the following places (including but not limited to):

- Medical appointments - GP, hospital and specialists
- Shopping trips – individual and group
- Community events
- Other community services
- Out of area appointments e.g. Sydney and Newcastle
- Hairdressing appointments

### How to access our Transport Services:

Please contact Bungree today to find out whether you are eligible to access Bungree's transport services.

P 02 4350 0100 ext. 124
E enquiries@bungree.org.au
W bungree.org.au

William Peachey
Transport Administration
P 02 4350 0100 - ext. 124

David Stanley
Transport Worker
M 0417 816 892
E david.stanley@bungree.org.au

Trent Sunderland
Coordinator Transport Program
M 0417 584 672
E trent.sunderland@bungree.org.au

Bungree is proud to offer vital transport services to eligible people living on the Central Coast

# Children, Youth & Family Services (CYFS)

Bungree Children, Youth & Family Services offers a range of support services for children, young people and their families in our community.

## Aboriginal Family Based Services (AFPS)

Bungree's Aboriginal Family Preservation Service is an intensive program to assist eligible families that are at risk of having their child or children removed, or those needing intensive intervention to facilitate reunification and the safe return of children from out of home care to their families.

The primary focus of the service is safety, welfare and wellbeing of the child and/or young person in a culturally appropriate environment.

### AFPS works within the principles of:

- Self-determination, participation or in decision making as per the Children's and Young Person's (Care and Protection) Act 1998
- Maintaining partnerships with Aboriginal families and community
- Family/kinship approach to raising children

### Target Group:

- Children, young people and their families

### Access to Program:

- Referrals are received from NSW Department of Communities and Justice Central Coast
- Service area covers the Central Coast region

## Education Gaps Program (EGP)

Bungree Education Gaps Program provides an individual and family based service targeting education, employment pathways and training needs for children, youth, individuals and family members. The program assists the family to engage with their children's educational and learning process, assisting and encouraging parent's engagement with their children's schools and other services.

### Bungree will liaise with families, individuals and service providers to increase access and participation by:

- Providing outreach and advocacy support
- Assisting with advice and guidance to specialist services e.g. occupational therapy speech therapy, psychological assessments
- Supporting and encouraging students in their engagements with schools
- Mentoring and assisting parents and carers in their children's learning experiences
- Assisting, preparing and supporting parents and older children in readiness for the workforce

### Target Group:

- Families with children in school with parents/ carers preparing for the workforce or training and learning
- Individuals requiring assistance with training and employment pathways
- Youth still in school and those transitioning into further education

### Access to Program

- Self-referrals, schools, various agencies, government and non-government agencies
- Service area covers the Central Coast and Lower Lake Macquarie areas

## Youth Frontier Program (YFP)

Funded by the NSW Department of Communities and Justice (DCJ), Bungree's Youth Frontier Program provides a mentoring service for Aboriginal young people aged 10 to 17 years who are at risk or in the juvenile justice system.

The program aims to engage young people's strengths by building skills and experience, addressing barriers to participation, reducing contact with the justice system and improving life outcomes through mentoring support, positive learning and social engagement activities.

As well as individual mentoring services, Bungree's YFP also conducts a Resilience Program in schools and in the community with yearly cultural camps for participants of both the Mentoring and Resilience Programs.

### Target Group:

- Aboriginal young people aged 10 to 17 years who are at risk or in the juvenile justice system

### Access to Program

- Referrals via Courts, NSW Police, ACLO & PCYC staff, Youth Justice staff, schools, Central Coast Local Health District and Youth Specialist Homelessness Services
- Service area covers the Central Coast

## How to access our Children, Youth & Family Services (CYFS) Services:

Contact Bungree Aboriginal Services today to find out how you can access our Children, Youth and Family Services:

P 02 4350 0100
E enquiries@bungree.org.au
W bungree.org.au

Bungree
CHILDREN, YOUTH & FAMILY SERVICES

# Bungree Disability Services - NDIS

## Bungree Disability Services is a registered provider for The National Disability Insurance Scheme (NDIS).

With a long and rich history with Central Coast locals, Bungree is excited to continue to provide quality services for years to come.

## Support Programs

**Bungree Disability Services has been approved for the following 11 support programs:**

- Assistance in coordinating or managing life stages, transitions and supports
- Assistance with daily life tasks in a group or shared living arrangement
- Development of daily living and life skills
- Therapeutic supports
- Assistance with daily personal activities
- Assistance with travel/transport arrangements
- Assistive products for household tasks
- Household tasks
- Participation in community, social and civic activities
- Management of funding for supports in a participant's plan

## Providing high quality disability support services to the Central Coast's Aboriginal community

## How to access our Disability Services

If you believe you are eligible for disability services, please contact NDIS on 1800 800 110 or visit ndis.gov.au.

**Or for more information on our programs, please contact Bungree Disability Services on 02 4350 0100 – ext. 7.**

Bungree
DISABILITY SERVICES

# Bungree Housing & Homelessness Services

## Our mission is to ensure Aboriginal people have better life outcomes through access to secure and affordable housing.

As one of the largest Aboriginal providers of housing on the Central Coast, Bungree has been providing social and affordable housing since 1995 as a registered Aboriginal Community Housing Provider with NSW Aboriginal Housing Office. Since 2015, Bungree has been registered Community Housing Provider under the National Regulatory System – Community Housing as a Tier 2 provider.

We also support youth and families who reside on the Central Coast or are in transit and are homeless or at risk of being homeless in accessing services such as crisis accommodation, health or advocacy services.

Bungree owns and manages properties through the Central Coast, Newcastle and Karuah local government areas for the NSW Aboriginal Housing Office, NSW Land and Housing Corporation and Karuah Local Aboriginal Land Council.

### Housing Pathways

Housing Pathways is a housing application system designed to make applying for housing assistance easier, simpler and fairer.

Applicants fill out a single form to apply for properties managed by Housing NSW or participating community housing providers. Applicants can choose either public or community housing, but will maximise their opportunities for a housing offer if they register interest in both public and community housing.

A single state-wide waiting list, the NSW Housing Register, has also been created under the Pathways initiative. It combines the waiting lists of Housing NSW and participating community housing providers. All new applications are logged on the NSW Housing Register.

### Together Home Program

A contracted provider for Pacific Link Housing, Bungree Aboriginal Association delivers case management for participants of the Together Home Program on the Central Coast.

Bungree supports the participant to sustain their tenancy, and works in partnership with the community, primary health care providers including General Practitioners (GPs), community health services and other local organisations, to provide high quality, person-centred, equitable and accessible support for people in the program.

#### Target Group:

- People who are currently street sleeping, or who have a history of street sleeping.

#### Accessing the Program:

- Please contact Link2Home to be referred to a Specialist Homelessness Provider.

## Rent Choice Youth Program

Bungree is a provider under the Rent Choice Youth Program. The program helps young people aged 16 to 24 years to find a place to live, get approved for a lease, pay rent for up to three years and stay in a current rental if it's affordable and help is needed to pay the rent.
Under the Rent Choice Youth Program, young people are also linked with a Bungree support worker who will help you work towards study or employment goals.

### Target Group:

- Aboriginal and Torres Strait Islander young people aged 16 to 24 years old who don't have their own place to live.

### Accessing the Program:

- Contact your Specialist Homelessness Services Provider or Housing NSW for eligibility assessment.

## Specialist Homeless Services (SHS)

Our Specialist Homeless Services provide support to Aboriginal people with high and complex needs who are homeless or at risk of homelessness. Support includes case management, advocacy, supported accommodation services and assisted referrals to other specialist support services to help them access and sustain stable housing.

### Target Group:

- Aboriginal and Torres Strait Islander young people, women, men and families on the Central Coast who are homeless or at risk of becoming homeless.

### Access to Program:

- Self-referral or via various agencies, government and nongovernment organisations

## How to access our Housing Services

If you are seeking emergency or temporary accommodation or are at risk of homelessness, please contact Bungree for assistance through our Specialist Homelessness Services on 02 4350 0100 – ext. 3.

To apply for Bungree Housing please visit our website to complete the application form.

For Housing NSW Services, please contact the Housing Contact Centre on 1800 468 746.

Alternatively, the Link2home telephone service is available 24 hours a day, 7 days a week, on 1800 152 152.

**If you require any further information or assistance with your Housing Application, please contact Bungree on 02 43500 100 – ext. 2.**

Bungree
HOUSING & HOMELESSNESS SERVICES

# Population Health

## Bungree's Population Health team offers programs and services that aim to address health factors in order to improve health outcomes for Aboriginal people on the Central Coast.

Bungree's Population Health team offers programs and services that aim to address health factors in order to improve health outcomes for Aboriginal people on the Central Coast.

Services offered under Bungree's Population Health team include the Aboriginal Go4Fun Program.

### Aboriginal Go4Fun Program

Aboriginal Go4Fun is a free, healthy lifestyle program for children in New South Wales aged between 7 and 13 years, who are above a healthy weight and their families. The program was developed in partnership with Aboriginal communities and is delivered by Bungree's Education Gaps Program together with Central Coast Local Health District.

The program is run by trained health and community professionals and is a fun way to improve healthy eating habits, increase fitness and build self-esteem towards a healthy lifestyle.

Target Group:

- Aboriginal and Torres Strait Islander children who are above a healthy weight and aged 7 to 13 years, and their families.

Access to Program:

- Register online at go4fun.com.au/register or call 1800 780 900 for further information and phone registration.

Bungree
POPULATION HEALTH SERVICES

## Central Coast & NSW Support Services

Central Coast Community Legal Centre
02 4353 4988

Central Coast Tenancy Advice & Advocacy Support
02 4353 5515

Domestic Violence Hotline
1800 656 463

Drug & Alcohol Access Line
02 4394 4880

Kariong Neighbourhood Centre
02 4329 4477

Life Line
13 11 14

Narara Neighbourhood Centre
02 4329 4477

NSW Central Coast Health - Mental Health
1800 011 511 (24/7)

NSW Child Protection Hotline
133 627

NSW Domestic Violence Line
1800 656 463 (24/7)

NSW Link2home
1800 152 152 (24/7)

NSW Mental Health Line (24/7)
1800 011 511

NSW Police
000

Nunyara Aboriginal Health Unit
Central Coast Health
02 4320 3602

San Remo Neighbourhood Centre
02 4390 7888

The Entrance Neighbourhood Centre
02 4332 4545

Toukley Neighbourhood Centre
02 4396 1555

An online version of Bungree's Services Guide is available at bungree.org.au